



QUESTION TIME WITH STELLA

Whether you are a parent, educator, or therapy provider, we know that conversations with our children are important. Questions develop critical and creative thinking, foster emotional growth, and encourage empathy.

Let children know they are in a judgment-free zone, and there are no wrong answers! Pause when they are answering. Listen to what they have to say, and answer any questions they may have for you.

Maybe you discover your child has a fear you didn't know about or that they have a bias you need to address (later). This is a special moment to share anything, and let them know they can talk to you. Don't forget to have fun!

- Who is someone you believe might need a friend?
- What are several ways that you can communicate without speaking?
- Where could you make new friends?
- When have you felt left out?
- Why do you believe it's important to include others?
- How do you feel when you are playing with friends?